

## 2015 Healing Hearts Women's Fall Retreat Volunteer Opportunities and Application

The Healing Hearts Women's Retreat purpose is to provide a safe space for women to support one another in our individual and collective journeys in healing and growth. Through the exploration of the arts, healing arts, and connection to the earth through workshops, performances, and unstructured activities we will give and receive from our knowing, expertise, and experience so that each may heal more deeply and stretch into living her truth more fully. Our aim is to deepen our sense of community among women, increase our personal peace and well-being, and empower ourselves to be more effective in whatever service we offer the world. We welcome a richly diverse population of women who vary in color, size, age, sexual preference, socioeconomic status, and persuasions of all kinds.

Volunteer positions are approximately 4-6 hours of service. Volunteers will receive 50 dollars off the registration fee and meals in trade for their work, depending on the amount of service time required for the volunteer position. We do have a limited number of volunteer opportunities, so please complete and submit application as soon as you are able.

### Volunteer Positions Available for 2015 Winter Weekend Retreat

**Meal Coordinator/ Instructor (1)-** The Meal Coordinator will assist in preparing the menu for the two dinners; may also assist with purchasing supplies; and will assist with coordinating volunteers to prepare meals and clean up after each meal. The meal coordinator is also may also be asked to teach some basics of “Vegan Cooking” to interested participants.

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### 2015 Healing Hearts Fall Women's Retreat – Volunteer Applications

Name and Best Contact Information: \_\_\_\_\_

Volunteer Position Requested : \_\_\_\_\_

Availability: (Prior to Retreat): \_\_\_\_\_

Experience (relevant to position): \_\_\_\_\_

Availability for Meetup with Coordinator: \_\_\_\_\_